



November 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Practice
15	16	17	18	19 To the Tee Spirit Wear Store closes	20	21 Practice
22	23	24	25 Sweet Rollers Fundraiser Due	26	27	28 Practice
29	30					

Notes

November practices will be held at St John Lutheran Church, 2580 Mt Rose Ave, York

- Bantam (ages 6 and under) 8-9am
- Midget (ages 8 and under) 9-10am
- Junior/Intermediate (ages 12 and under) 10am-12pm

Sweet Rollers Fundraiser Order forms and payment due Nov 25, with delivery on Dec 4. Please see Cris Lentz with any questions, email Cristinalentz10@gmail.com, or call/text 717-586-3530

My House Spirit Wear: <http://www.myhousesportsgear.com/york-suburban/>

To the Tee Spirit Wear: <https://2theteeoutfitters.chipply.com/20yswrestle/store.aspx>



December 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1 Practice	2	3 Practice	4 Sweet Rollers delivery	5
6	7	8 Practice	9	10 Practice	11	12
13	14	15 Practice	16	17 Practice	18	19
20	21	22 Practice	23	24	25	26
27	28	29 Practice	30	31		

All practices will be held at the former Old Navy building on Route 30/Loucks Rd in York:

- Orange Team 6:00-7:00pm
- Black Team 7:15-8:45pm

Questions/concerns? Contact Coach Jones at jonesfamily3@gmail.com or Coach Lentz at bobmlentz@gmail.com

Notes

Keep your child home if he/she has: Fever, Cough, Shortness of breath, Difficulty breathing, New Loss of Smell or Taste, Chills, Rigors, Muscle pain, Headache, Sore throat, Nausea or vomiting, Diarrhea, Fatigue, Congestion or runny nose, Has been exposed to someone who tested positive or is presumed positive for COVID



January 2021

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
3	4	5 Practice	6	7 Practice	8	9 League Match
10	11	12 Practice	13	14 Practice	15	16 League Match
17	18	19 Practice	20	21 Practice	22	23 Duals Championship
24	25	26 Practice	27	28 Practice	29	30 League Match
31						

Notes

All practices will be held at the former Old Navy building on Route 30/Loucks Rd in York

- Orange Team 6:00-7:00pm; Black Team 7:15-8:45pm

League Matches will be at the same facility (times TBD). Duals Championship TBD.

Questions/concerns? Contact Coach Jones at jonesfamily3@gmail.com or Coach Lentz at bobmlentz@gmail.com

Keep your child home if he/she has: Fever, Cough, Shortness of breath, Difficulty breathing, New Loss of Smell or Taste, Chills, Rigors, Muscle pain, Headache, Sore throat, Nausea or vomiting, Diarrhea, Fatigue, Congestion or runny nose, Has been exposed to someone who tested positive or is presumed positive for COVID



February 2021

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2 Practice	3	4 Practice	5	6 League Match
7	8	9 Practice	10	11 Practice	12	13 Divisional
14	15	16 Practice	17	18 Practice	19	20
21	22	23 Practice	24	25 Practice	26	27 Championship
28						

Notes

All practices will be held at the former Old Navy building on Route 30/Loucks Rd in York

- Orange Team 6:00-7:00pm; Black Team 7:15-8:45pm

League Matches will be at the same facility (times TBD).

Coaches will inform parents if your wrestler is advancing to Divisional.

Questions/concerns? Contact Coach Jones at jonesfamily3@gmail.com or Coach Lentz at bobmlentz@gmail.com

Keep your child home if he/she has: Fever, Cough, Shortness of breath, Difficulty breathing, New Loss of Smell or Taste, Chills, Rigors, Muscle pain, Headache, Sore throat, Nausea or vomiting, Diarrhea, Fatigue, Congestion or runny nose, Has been exposed to someone who tested positive or is presumed positive for COVID